

# Women's Nite Out



**Women's Nite Out is a designated time for women to come and enjoy the Leisure Centre. Women can have a night out by themselves or bring their children under the age of twelve. Come out and enjoy the waves, lane swimming or just relax in our hot tub, sauna or steam room. Women's Nite Out runs every Saturday from 7-9pm with exceptions of holidays, in which the Leisure Centre closes at 8:00pm. All children under the age of 12 must be accompanied by a women 18 years and over who is in the water.**